

Examining the Shared Risk & Resiliency Factors of Substance Abuse and Violence Prevention

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Intro & Who's in the Room?



Who We Are: PAL Coalition



The 7th Street Corridor PAL Coalition is a Drug Free Communities Grant working in the **Park Hill, Algonquin and Old Louisville** neighborhoods of Metro Louisville, KY. The goals of PAL are:

- Reduce the use of youth substance abuse and over time, adults;
- Increase community collaboration.

Who We Are: PACT in Action

PACT in Action is a teen dating violence prevention initiative of KentuckyOne Health and The Center for Women and Families.

- PACT stands for Parkhill, Algonquin, and California Teens
- PACT's goal is to achieve a 10% reduction in intimate partner violence in the PACT neighborhoods by 2020
- Community-based and led by a Youth Advisory Board



Objectives

Examine shared risk and resiliency factors for multiple social problems

- Substance abuse
- Violence (multiple forms)
- Early sexual activity and teen pregnancy
- Suicide

Share examples of collaboration on shared risk and resiliency factors

Identify the benefits of focusing on shared risk and resiliency factors

“It is unreasonable to expect that people will change their behavior easily when so many forces in the social, cultural, and physical environment conspire against such change.”

-Institute of Medicine

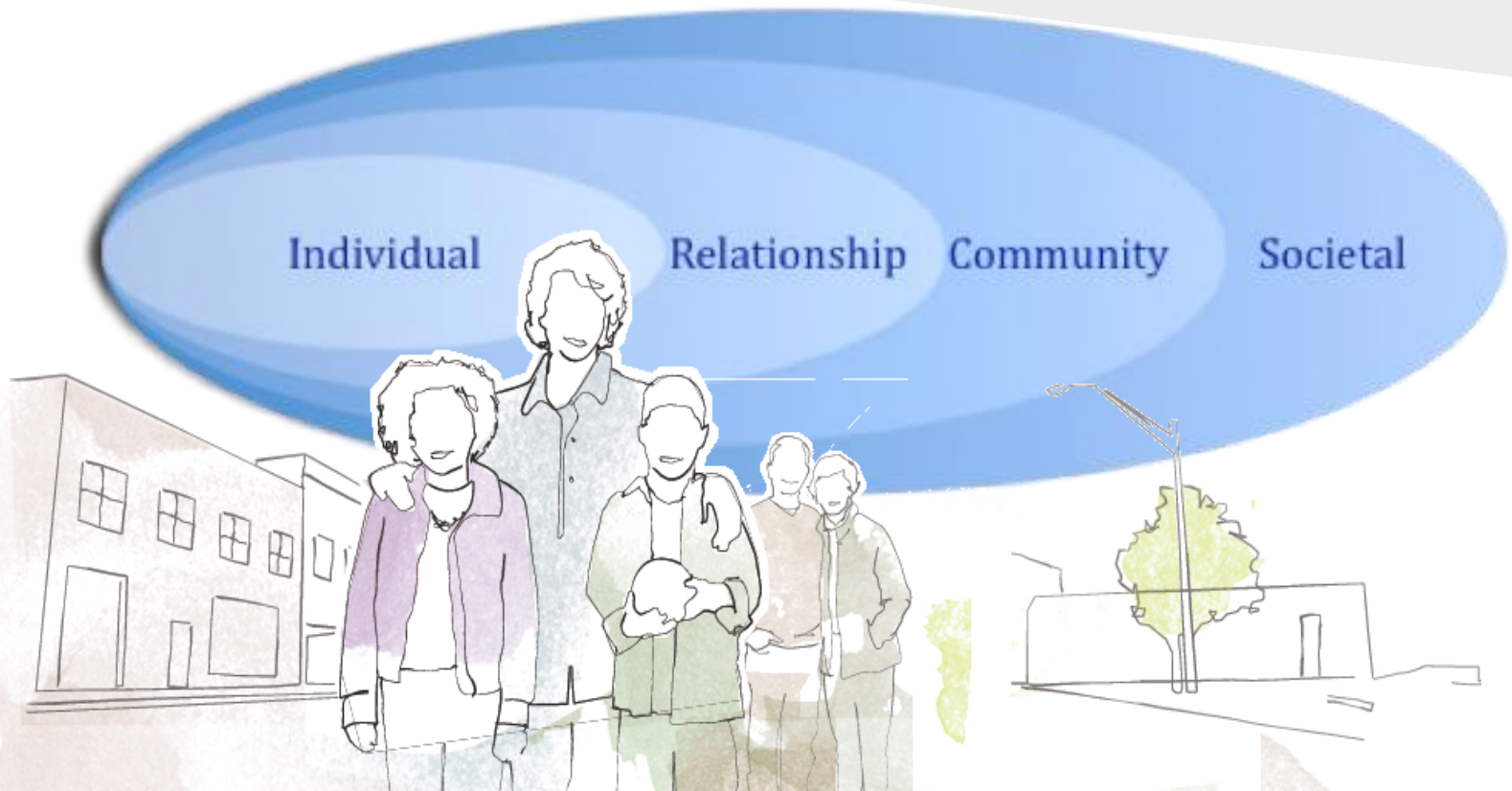
Activity: Why do people eat chili cheese dogs?



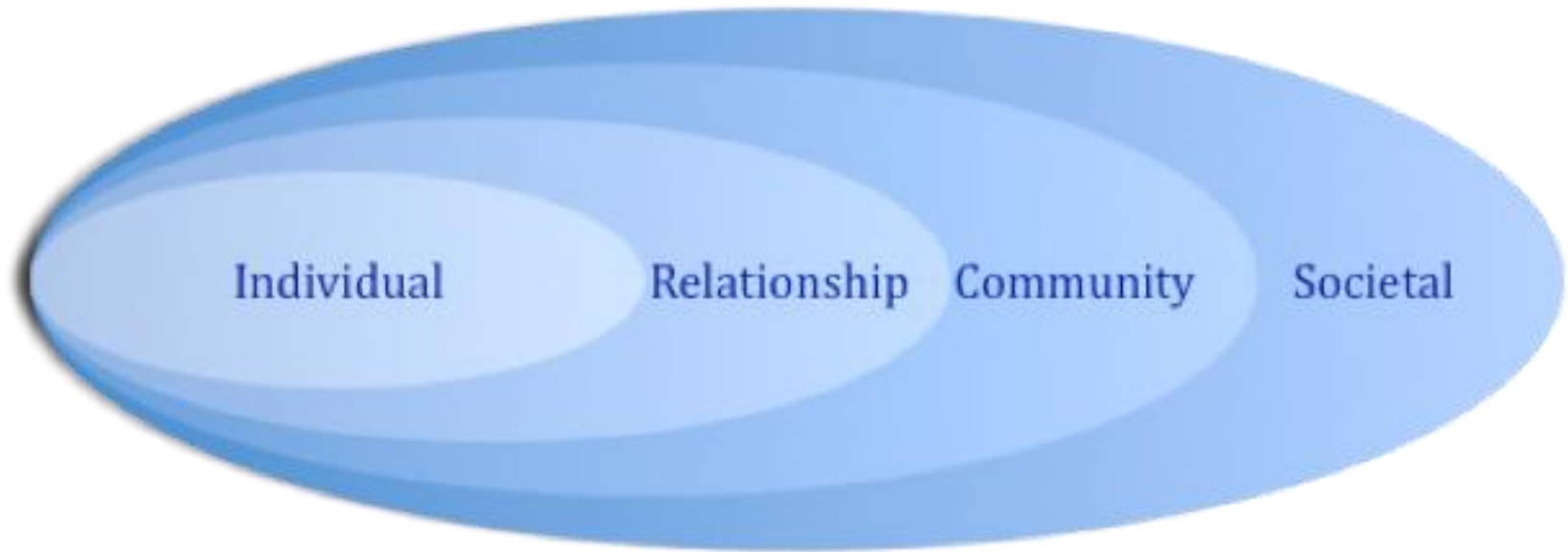
Why do people eat chili cheese dogs?

Individual	Relationship	Community	Society
They're yummy!	It reminds me of when Mom used to make them.	They're on the menu / easily available.	There are lots of commercials encouraging me to eat chili cheese fries.
I've never had a problem with them in the past.	My friends eat chili cheese dogs and support me in eating them.	They're affordably priced / It's what my family can afford.	There's not a lot of regulation around healthy eating.
They're my comfort food.	I eat what my partner cooks for me.	Healthy eating isn't a strong norm in my community.	It's a staple of American culinary cuisine.

Social-Ecological Model



Why do people use/abuse substances?



Risk & Resiliency



Risk & Resiliency Factors

RISK FACTORS: Characteristics or circumstances within an *individual, family, community, or society* that increase the likelihood that someone will engage in unhealthy behavior or experience a negative outcome

Risk & Resiliency Factors

RESILIENCY FACTORS: Characteristics or circumstances within an *individual, family, community, or society* that help people and communities cope successfully with life challenges, reducing the likelihood of engaging in unhealthy behaviors or experiencing negative outcomes.

Risk & Resiliency Factors

- Correlation does not equal causation!
- Risk factors for victimization and/or perpetration
- Risk factors for multiple forms of violence
- Evidence-based
- Resiliency is strengths-based

FRAGILE

SAMHSA's Trauma-Informed Approach

“A program, organization, or system that is trauma-informed:

- *Realizes* the widespread impact of trauma and understands potential paths for recovery;
- *Recognizes* the signs and symptoms of trauma in clients, families, staff, and others involved with the system;
- *Responds* by fully integrating knowledge about trauma into policies, procedures, and practices; and
Seeks to actively resist re-traumatization.”

SAMHSA's Trauma-Informed Approach

Realize Widespread Impact:

- In a survey of adolescents receiving treatment for SA, more than 70% had a history of trauma exposure. (NCTSN.org, 2014)
- American study of adolescent inpatients found that 93% had histories of trauma

SAMHSA's Trauma-Informed Approach

Recognize how trauma affects all involved individuals

- Consumer of services;
- Family of person receiving services;
- Staff members supporting the person;
- Community service providers;
- Schools, employers and other agencies, etc..

SAMHSA's Trauma-Informed Approach

Responding...

- Using knowledge to create individualized services;
- Strength based approach;
- TIC begins with first contact;
- Recognizing that trauma symptoms and behaviors originate from adopting to traumatic experiences;

SAMHSA's Trauma-Informed Approach

Responding...

- Trauma symptoms & behaviors are an individual's best and most resilient attempt to manage, cope & rise above their past
- Individuals do the best with what they have
- Trauma is never an excuse, but an explanation

SAMHSA's Six Key Principles of a Trauma-Informed Approach

1. Safety
2. Trustworthiness and Transparency
3. *Peer support*
4. *Collaboration* and mutuality
5. *Empowerment*, voice and choice
6. Cultural, Historical, and Gender Issues

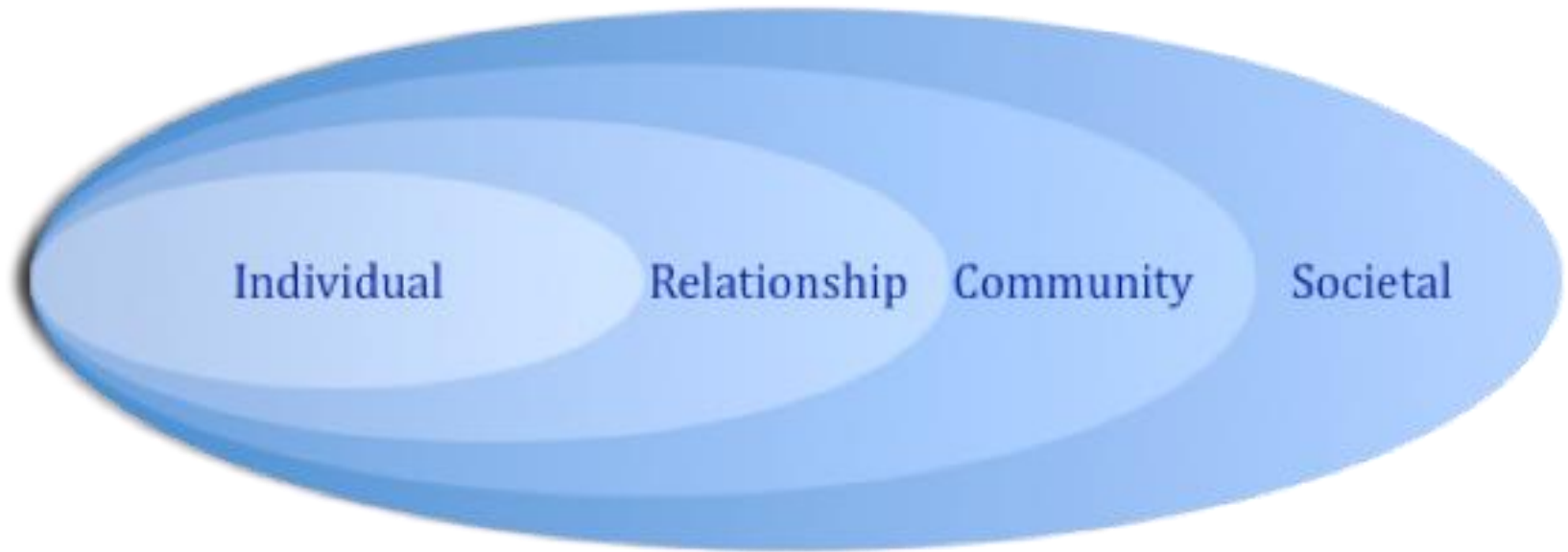
It's all connected...but how?



A central image showing a circle of diverse hands of various skin tones (white, light brown, dark brown, black) reaching in from the edges and holding each other in a supportive grip. The hands are arranged in a circle, with fingers interlocking or resting on each other, creating a sense of unity and care. The background is white, and the entire image is set against a dark purple gradient background.

Trauma- Informed Care

Shared Risk & Resiliency Factors



Community Resiliency Factor	Substance abuse	Suicide thoughts & attempts	Violence	Early sexual activity & teen pregnancy
Connected to other positive adults	✓	✓	✓	✓
Safe, supportive, connected neighborhood		✓	✓	✓
Strong community infrastructure	✓	✓		✓
Local, state policies and practices that support healthy norms and child/youth programs	✓	✓	✓	

Community Risk Factor	Substance abuse	Suicide thoughts & attempts	Violence	Early sexual activity & teen pregnancy
Poverty	✓		✓	✓
Availability of alcohol or drugs	✓		✓	
Community laws and norms favorable to drug use, firearms, and crime	✓		✓	
Low neighborhood attachment and community disorganization	✓		✓	

Relational/Family Resiliency Factor	Substance abuse	Suicide thoughts & attempts	Violence	Early sexual activity & teen pregnancy
Connected to family	✓	✓	✓	✓
Positive parenting style	✓		✓	✓
Higher parent education		✓	✓	✓
Higher parental expectation about school	✓	✓	✓	

Relational/Family Risk Factor	Substance abuse	Suicide thoughts & attempts	Violence	Early sexual activity & teen pregnancy
Family history of the issue	✓	✓	✓	✓
Family management problems	✓	✓	✓	✓
Family conflict	✓	✓	✓	✓
Death by suicide of a friend or family member		✓	✓	

Individual Resiliency Factor	Substance abuse	Suicide thoughts & attempts	Violence	Early sexual activity & teen pregnancy
Engagement in positive meaningful activities	✓	✓	✓	✓
Cultural identity and connection	✓	✓	✓	✓
Positive self concept	✓		✓	✓
Religious or spiritual beliefs	✓	✓	✓	✓
High grade point average	✓	✓	✓	✓

Risk Factor	Substance abuse	Suicide thoughts & attempts	Violence	Early sexual activity & teen pregnancy
Experienced child abuse or family violence		✓	✓	✓
Early initiation of the problem behavior	✓		✓	✓
Loss of cultural identity	✓	✓		
Early and persistent antisocial behavior	✓	✓	✓	✓
Paid work more than 20 hours/week	✓	✓	✓	✓
Friends who engage in the problem behavior	✓		✓	✓

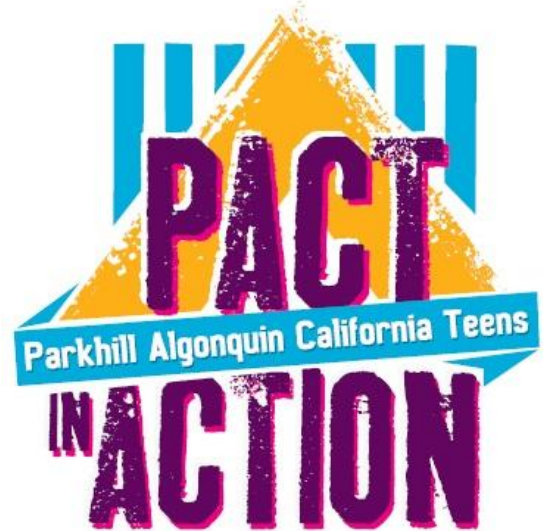
Prioritizing Risk and Resiliency Factors in Your Community



Organizing for Impact

How can shared risk and resiliency factors impact **HOW** we engage in prevention and **WHO** we do the work with?

PACT and PAL Coalition









 Center For Neighborhoods
PAL • Drug Free Community

HALLOWEEN PARTY!

October 31st 6:30-9:30pm

- > Free food & Candy!
- > Dance-off & Games!
- > Wear a costume if you'd like - there will be a costume contest!

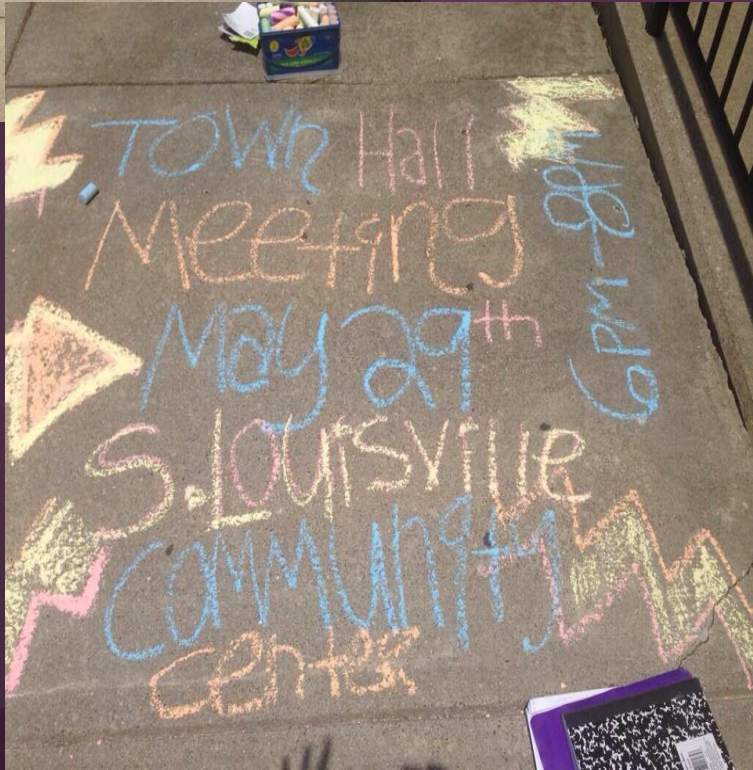
**California Community Center
1600 West Saint Catherine St.**

**TEENS MOBILIZING TO
ELIMINATE DATING VIOLENCE**

(502) 438-TEEN (8336)



www.PACTinAction.org



Resource Tables:

Mental Health
First Aid

LMPD Crisis
Intervention

Suicide
Prevention

Underage
Drinking

Teen Dating
Violence

Substance Abuse
Prevention

Town Hall Meeting PREVENTION: Resources to support our youth

May 29, 2014

6:00 – 8:00 pm.

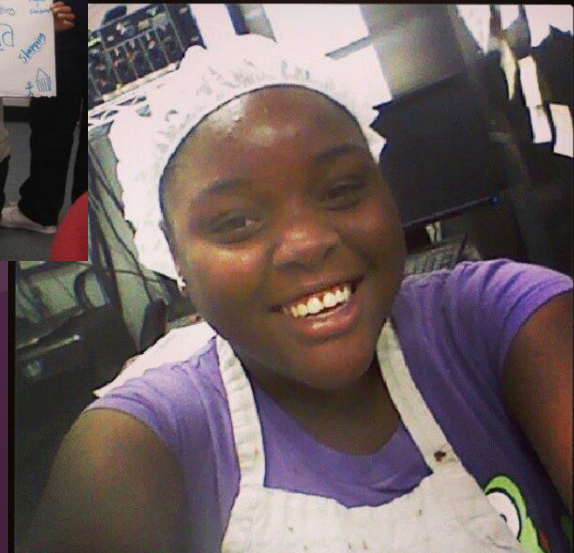
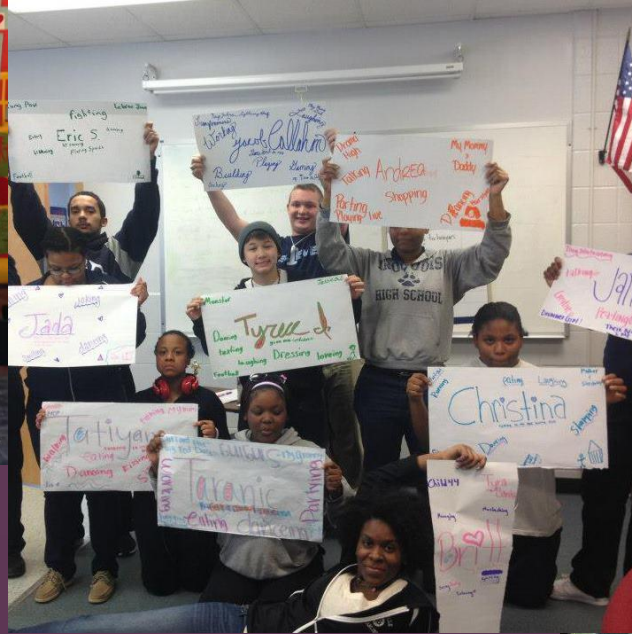
**South Louisville Community Center
2911 Taylor Blvd.**

**Presentations by PACT & PAL Youth
Dinner, childcare and door prizes!**



**For more info: Contact PAL Coordinator:
Tomy Molloy/502-855.6048 (tmolloy@famchildplace.org)**





“A good solution solves multiple problems.”

Why collaborate to address shared risk and resiliency factors?

- Bring unique, complementary forms of expertise to a prevention effort
- Strengthen prevention infrastructure
- Avoid duplicative efforts
- Allow for more funding options and program sustainability
- Gain greater access to people and networks
- Offer a larger pool of strategies
- Develop new partnerships

Who do you collaborate with?



Questions?

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